

Youth@Sidmouth

A directory of clubs in the Sid Valley



An Introduction

Sidmouth Town Council is committed to supporting young people and ensuring that the Sid Valley is a great place to grow up. We do this by providing youth services and funding some mental health and wellbeing support for young people and their families. The Town Council also acts as an information point for activities and events taking place in the Sid Valley, including those involving young people.

We are lucky that the Sid Valley offers a great range of things to do for young people of all ages, but it can sometimes be difficult to find out exactly what is going on. That's why Sidmouth Town Council, in partnership with local schools and activity providers, has introduced a new initiative to help young people to access the wide range of clubs and activities available in across the local area.

At the heart of this initiative is the Sidmouth Youth Hub, a directory that signposts young people to clubs, events and activities, making it easier than ever to find activities that match their interests.

Whether it's sports, arts, music, or community projects and events, the directory provides clear guidance on what's on offer and how to get involved.

For young people who may need financial help to access a particular activity, the Town Council is also launching the **Get Involved Grant** scheme, helping individual young people with costs such as membership fees and equipment.

By working together, Sidmouth Town Council, local schools, and community activity providers are committed to making sure every young person has the opportunity to develop new skills, build friendships, and discover passions to last a lifetime.









Sidmouth	Basketball
Youth Hub	Gym
	Swimming
Army cadets	0:1:
5	Cricket
Devon scouts	
Cial Cariala	Croquet
Girl Guides	E 11
DAE andata	Football
RAF cadets	Colf
Sidmouth Bell	Golf
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Ringers	Hockey
Sidmouth	Netball
Coastal	Netball
Community	Rugby
Hub	Ragby
1145	Running
Sidmouth Surf	
Lifesaving	Sailing Club
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Devon	Astro Scouts
Orchestra	
	Sidmouth
East Devon	Plastic
Dance	Warriors
Funkifeet	River Sid
	Catchment
Sidmouth	Group
School of Art	
	Sidmouth
Sidmouth	Community
Town Band	Food Forest

Sharks

Tennis

YAMA Martial Arts

NORSE Muay Thai boxing





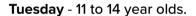


in collaboration with

Sidmouth International School

Entry is free. Sidmouth International School activity leaders run these sessions.

Come and enjoy a game of pool, table football, table tennis, watch a movie or simply just chill out with vour friends.



Wednesday - 15 to 17 year olds.

Check our social media channels for up to date session times.

Just turn up on the relevant day for you and have fun. Come to the Old Exchange in Radway near the cinema.



youth @ sidmouth



Each session is free until 2026



Safeguarding officer Sidmouth International school



towncouncil@sidmouth.gov.uk







ARMY CADETS





Devon Army Cadets is open to all young people aged 12-18 years.

We undertake a variety of activities including fieldcraft, navigations, first aid, communications and drill, and cadets can gain recognised awards (e.g. Duke of Edinburgh) and qualifications (e.g. BTEC).

We meet at Sidmouth Cadet Centre, Chamber Close, Sidmouth, Devon EX10 9YL on Monday and Wednesday evenings - 19:15 to 21:15

We also run competitions and camps throughout the year.

Get in touch if you are looking to have fun, make friends and grow your confidence.





No membership subscription - subsidised activities - free uniform



Sidmouth Detachment Commander SMI Lewis Holdsworth



Sidmouth Detachment Commander SMI Lewis Holdsworth at 6289holdsw@armymail.mod.uk

https://armycadets.com







BEAVERS

6 to 8 years
Try new things
& make friends
Tuesdays & Wednesdays

cubs

8 to 10 ½ years Master new skills, have adventures Monday & Thursdays

SCOUTS

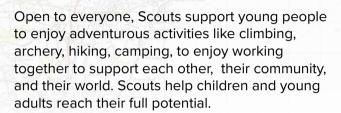
10 ½ to 14 years Explore the world. Fridays

EXPLORERS

14 to 18 years Take the lead, embrace change. Wednesdays

network

18 to 25 years
Be the best you can be.
Saturdays once a month



Scouts develop skills including teamwork, time management, leadership, initiative, planning, communication, self-motivation, cultural awareness, and commitment. We help young people to get jobs, save lives, DofE volunteering placements and even change the world!

Please get in touch if you would like to volunteer with us "Good for you and Good for Young People"

We welcome enquiries from young people at any time - we will offer you a space as soon as we can.



£35 per term. Financial support available.



Sarah Fletcher mrs.fletch@sky.com



Sarah Fletcher mrs.fletch@sky.com





Girl guiding

By girls, for girls, powered by volunteers.



Rainbows are aged 4-7 and meet at Lawn Vista, Sidmouth on Wednesdays.



Brownies are aged 7-11

Meeting at St Peters, Sidford on Tuesday and at Lawn Vista, Sidmouth on Mondays.



Guides are aged 11-14 and meet at Lawn Vista, Sidmouth on Thursdays.



Rangers are aged 14-18 and meet at Lawn Vista, Sidmouth on Thursdays

Some of our groups are at capacity - please call to ask if places are available.



£30 per term.



Contact the relevant group for details



https://www.girlguiding.org.uk/









We are a diverse and inclusive youth organisation, sponsored by the Royal Air Force, that is keen to embrace opportunities in Air, Space and Cyberspace. We hold national, regional, and local camps as well as focused activities and experiences in flying, gliding, sport, adventurous training, drill, target shooting and cyber skills among others. We also can help you academically with BTECs in Aerospace Studies and Space Studies.

Air Cadets encourage a practical interest in aviation and the Royal Air Force but there is no obligation to join the Services. The skills you can gain can help you with whatever you want to do in life.

We always seek to encourage the spirit of adventure and develop qualities of leadership and good citizenship. That includes being able to communicate clearly, work as a member of a team, enhance social skills and accept diversity.



£10 per month - free uniform. Financial support available.



Flt Lt Michael Neve oc.2019@rafac.mod.gov.uk



RAFAC website https://www.raf.mod.uk/aircadets







Sidmouth Bell Ringers

Bell ringing (or 'campanology' as it is officially called) is an addictive hobby involving lots of teamwork.



What's involved - Beginners start with one-to-one tuition in the tower of the parish church progressing on to join in general bell ringing practice on Tuesdays from 7.30 – 9.00 pm

Age – anyone from about 12 years upwards.

Physical strength – very little, but sufficient fitness is required to climb up and down the tower stairs.

Commitment – bell ringers provide a service so that (once trained) turning up regularly to support Sunday service ringing is important, but church service attendance is optional.

Once you are part of our fun team you *must* show commitment to support Sunday ringing where you will be needed and appreciated.

Come along to our Taster session on Saturday April 5th from 2-4pm at Sidmouth Parish Church
 Booking is essential
 Accompanying adult welcome.
 An opportunity to visit the bell tower
 View the bells
 Meet some of the bell ringers and find out more about what is involved in learning to ring Refreshments provided.



Free but donations are appreciated



Lesley Thompson <u>Sidmouth.safeguarding@sidvalley.org.uk</u>



Anne Bailey <u>anneebailey@outlook.com</u>

Sidmouth Coastal Community Hub



Sidmouth Coastal Community Hub (SCCH) is a grassroots organisation whose vision is to connect and engage people with the sea and coast in ways that value people and where we live. We are a coastal hub that brings people together through our creative workshops, art and environment projects and our annual festival Sea Fest.



We aim through art, culture, heritage, and environmental projects to promote a sustainable, creative and community approach to

We are producers of **SIDMOUTH SEA FEST**, a homegrown festival that takes place in May, kicking off the festival season. We offer a free community day with plenty of creative activities to have a go at – suitable for ages 5 to 25 years, in our Creativity on the Coast area, plus community and schools' choir, live music, DJs, local food and much more.



Part of our approach is to provide a 'rising stars' platform to perform for local young people to gain experience and build confidence to play live on stage or gain DJing experience in our Clamship art and dj installation.

We do this through our Grassroots Music programme called Sea Spot – a place by the sea to have a spot and get spotted!



Free



Coco Hodgkinson info@sidmouthcoastalcommunityhub.org



info@sidmouthcoastalcommunityhub.org
https://sidmouthcoastalcommunityhub.org



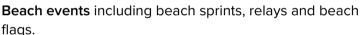
The Sidmouth surf life saving club seeks to Inspire and improve the health & watersafety of young people in our community through lifesaving training competition & fun!





The club aims to provide children and young people aged 7 – 16 with opportunities to improve their health and well being through fun physical activity and social interaction. We are involved in:

Life saving education (beach and sea knowledge / first aid and lifesaving skills).



Water activities including sea swimming, board paddling, rescue skills and ski paddling. Achieving formal qualifications such as junior beach lifeguard awards and surf craft awards.

Competitive opportunities in the above activities.

Contact us to ask about when we do our recruitment and what standard of swimming you need according to your age.







Contact us for details



safeguarding@sidmouthsurflifesaving.co.uk



membership@sidmouthsurflifesaving.co.uk









Swimming lessons

From 4 years old.

Learn to swim at the Sidmouth swimming pool.

Monday to Friday 4pm to 6:15pm

Saturday 9am to 11:15am



Basketball

From 12 years old.

Join us for a fast and exciting challenge!

Tuesday from 4:30pm to 6pm at Primley Road.



Get Active for those aged 11 to 15.

Monday - Tuesday - Wednesday

3:30pm to 4:30pm





Membership from £24.75 per month



ledleisure.co.uk 01395 577057

Sidmouth Cricket Club





Cricket for boys and girls aged 8 to 15.

Friday night training from 25th April 2025 from 6:15pm to 7:45pm

We have matches throughout the summer.

Our club facilities are open for parents and juniors, all are welcome.





Subscriptions £70; this includes match fees for any games played in the season for the junior section & training sessions.



Mike Goodman safehands@sidmouthcricketclub.co.uk



Clare & Anthony Griffiths

juniorcricket@sidmouthcricketclub.co.uk





Sidmouth Croquet Club

A competitive game of skill and strategy that can be enjoyed by all aged 14 +

Bookable sessions every day

Ask about junior membership

Concessionary membership for junior cricket and tennis members.









Trial session including equipment loan £5



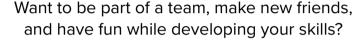
Safeguarding Marigad60@gmail.com



Ed Dolphin eddolphinscc@yahoo.com Website www.sidmouthcroguet.co.uk/

Sidmouth Town Junior Vikings FOOTBALL CLUB

Love football?







Sidmouth Town Junior Vikings FC is the perfect place for young players aged 6-16 to experience grassroots football in a supportive and friendly environment.



With 300 players across 4 girls' teams and 20 mixed teams, we compete in the Exeter and District Youth League and the Devon Girls Football League- giving every player the chance to shine, grow and love the game.





U6 & U7 boys / U8 girls: £70 All other teams: £90

Mid season joining fees on request.



Cathy Payne: cathy.payne600@gmail.com



https://sidmouth-town-junior-vikings.co.uk/











Try golf for free at Sidmouth Golf Club!

Ever thought about giving golf a go? Now's your chance!

Take advantage of Sidmouth Golf Club's free membership for those aged 18 and under, making it easier than ever to get started in this fantastic sport.

To find out more, email us via support@sidmouthgolfclub.co.uk and, as soon as the details are finalised, we'll send you an invite to our free taster day - a fun, no-pressure session during which you can try hitting some balls, meet friendly club members, and experience our stunning course overlooking the Jurassic Coast. No equipment or experience is needed - just turn up and have a go!



Free to join



Vanessa Ireson vanessaireson@hotmail.co.uk



support@sidmouthgolfclub.co.uk 01395 513451.

Hockey Club

SIDMOUTH

Fast, fun and a great way to meet new friends. Why not come and play hockey? Sidmouth & Ottery Hockey Club provides opportunities for children aged 7 upwards to play hockey in a safe, friendly and fun environment.



With regular training sessions on Sunday mornings from September to May, in Sidmouth (Sept-Dec) and Ottery (Jan-May), run by accredited coaches and volunteer helpers, we offer two-weeks 'free' to see whether hockey is the sport for you! We enter teams into the Devon Junior Tournaments for age groups U8 (Mixed), U10, U12 & U14 (Boys & Girls) and we arrange friendly matches for our U16 with other clubs.



We run 'tasters' as part of our regular training sessions, with two weeks 'free' to try it out.



Minimum kit requirement: Shin pads (footie ones will do) and a mouthguard. We have hockey sticks available to borrow.



We also run hockey camps during the school holidays these are paid for separately.



£70 for a full season (Sept-May)



Lizzie Parr: sohccwo@hotmail.com



Lizzie Nancekivell: sidmouthandotteryhc@live.co.uk



HAVE A GO AT NETBALL

Sidmouth Netball Club provide training and match play for Junior girls aged 9-16 and Seniors over 16 and adult.

- Award-winning coaches
- Fun and engaging weekly training sessions
- Competitive match play
- Physical skills development and improved fitness
- Make friends and become a team player.

It doesn't matter whether you have played before or never stepped foot on a court.



JOIN US:

Netball is the biggest female participation sport in the country so come along to Sidmouth Netball Club and give it a try – bring a friend and have some fun!

TRAINING SESSIONS ARE TUESDAYS
OR THURSDAYS WITH MATCH
FIXTURES ON SOME SATURDAYS

Email sidmouthnetball@gmail.com to enquire
Or visit www.sidmouthnetball.co.uk

GIVE IT A TRY

If you would like to give netball a go please contact us to arrange coming along to a training session (try 2 for free).*

TASTER SESSIONS

A course of taster sessions is held for new girls in years 4, 5 and 6 each Summer, please email us for further details.*

AVAILABILITY

*Places in all of our age groups are limited so please check availability with us first, before you come along.



SUBSIDISED FEES

The benefits of netball should be enjoyed by all so subsidised SNC fees are available to those who receive free school meals.



Sidmouth Rugby Club





Sidmouth Rugby Club is a friendly and all-inclusive club that welcomes boys and girls from age 6 (year 1) to age 18.

We have over 300 players across the Junior and Girls teams from across East Devon. Many of our players go onto play for representative and international level.



There are discounts for siblings joining and membership includes match day food and fees, a playing shirt, insurance and use of our facilities.











£60 part season £100 full season - ask for details about Direct Debit



Emma Bagwell 01395 514318 enquiries@sidmouthrfc.co.uk



Sas Huntwood 07554 660769

directorjuniorrugby@sidmouthrfc.co.uk



Term Time - 5:45 to 6:45pm

£15 per year

Free Taster Session

8 - 16 Year Olds

St.Johns Sports Hall

Road, Trails, Gym & More

Club Kit

Junior coaches Donna and Grahame supported by run leaders and helpers organise a varied program for all abilities. Road runs, off road, time trials, gym sessions, circuits, park run and races to name a few! www.sidmouthrunningclub.co.uk/juniors

Find out







Sidmouth Sailing Club

Sidmouth Sailing Club is a community of family-oriented dinghy sailing club that offers active racing and training programmes for both adults and children.

We provide racing opportunities in five club classes: Scorpion, Laser, Mirror, Topper, and RS Feva.

Our club is situated at the top of Lyme Bay, along the Jurassic Coast, which has been a UNESCO World Heritage Site since 2001. Join us and experience the excitement of sailing!

Kayaking is also available for Cadets (aged 16 to 25)

Please check our website for upcoming taster sessions Go to https://sidmouthsailingclub.co.uk/training







Juniors (under 16) sailing only Cadets (16 to 25 years)

£35 per year £65 per year



Kimberley Longthorpe

kimberleylongthorpe@icloud.com



Miles Hapgood

sailingsidmouth@gmail.com







Inclusive • Supportive • Fitness

The Sid Vale Sharks provides children the opportunity to improve their swimming skills once they have reached Stage 7 (or equivalent) of ASA National Awards for swimming.

The emphasis is on improving techniques to maximise the swimmer's ability to enjoy the sport.

We regularly enter competitions and have our own in house Club Championships.

Sid Vale Swimming Club operates an inclusive policy and aims to support and encourage both fitness and competitive swimming.



To find out about trials and costs please contact the club directly



welfare@sidvalesharks.co.uk



sidvalesharks.co.uk info@sidvalesharks.co.uk

SID VALLEY JUNIOR TENNIS COACHING









Join our tennis club

Where future champions begin!

Are you ready to serve up some fun, make new friends and develop your tennis skills?

Our Junior Tennis Programme for those aged from 3 to 18 is the perfect place for young athletes of all skill levels to learn, play, and grow on and off the court. At our clubs, juniors receive professional coaching in a supportive and energetic environment. Our focus is on building strong fundamentals, sportsmanship, and a lifelong love for the game.

All equipment provided and all levels/experience welcome!



Sidford membership ages 12 - 18 £33 \pm £6.50 per hour Sidmouth membership ages 9 - 18 £20



Debbie Snelgrove snelgroved@aol.com Andrew Richardson ledmekanik@gmail.com



sue.wiltshire@talk21.com









Looking for a sport that's exciting, challenging, and seriously fun? MMA (Mixed Martial Arts) is the ultimate combat sport, combining techniques from kickboxing, Brazilian Jiu-Jitsu, wrestling, and more! Whether you want to get fitter, stronger, or learn real self-defence skills, this class is for YOU!



No experience? No problem! Our sessions are open to all levels—whether you're a complete beginner or already have some skills, you'll train alongside a friendly group of like-minded students. Expect to develop speed, strength, and confidence while learning striking, grappling, and movement techniques. Plus, it's a great way to relieve stress and push yourself to new limits!



Think you've got what it takes? Join us and find out! Come train, have fun, and level up your skills with expert coaching in a supportive environment.

Ready to get started? Sign up at our website for a FREE Trial!



£29 per month plus 50% discounts for siblings/family.



Anneli Davies office@theyama.co.uk



Stuart Youles mry@theyamam.co.uk website www.theyama.co.uk











Fridays 6-7pm kids class (under 16). 7-8pm clinch drills and sparring.



Your monthly subscription covers all classes.





Sidford Village Hall.



Come and learn Muay Thai and Thai boxing.



£20 per calendar month.



Katie Doddrell <u>Dodders_36@hotmail.co.uk</u>



Mike Chaffey 0788304514









DEVON YOUTH ORCHESTRAS

DO YOU PLAY AN ORCHESTRAL INSTRUMENT ABOVE GRADE 4 OR EQUIVALENT?

PLAY: Experience playing in a full orchestra with young musicians from Devon and beyond with specialised help from highly trained professional coaches. Regular rehearsals take place in a safe and comfortable environment and all staff are DBS checked.

EXPLORE: Perform in exciting events from concerts in Exeter Cathedral to performances at the Devon County Show. Play alongside a wide range of musicians from choirs and orchestras to rock bands.

ENJOY: Come along to our annual residential course and take part in creative workshops with like-minded young musicians. Share the powerful sound of orchestral music with family and friends at our Christmas and summer picnic concerts.

Fees on application to include all rehearsals and concerts.





Isobel Plusnin devonyouthorchestras.org



Paul Painter dysco2015@gmail.com

East Devon Dance Academy





Join us for classes in



Ballet, Commercial Jazz, Lyrical, Contemporary, Tap, Modern, Technique & Conditioning, & Progressing Ballet Technique.

Classes for Children and Adults.



Held at venues all across East Devon Sidmouth
Honiton
West Hill / Feniton
Seaton / Colyford



Over 40 years of experience Fully qualified and DBS checked teachers.



Contact us for details on cost.



dance@eddacademy.co.uk



www.eddaceademy.co.uk









FUNKIFEET offer classes for all ages – from 18 months to adult – covering a variety of genres including jazz, tap, ballet and acro.

We love seeing our students grow in confidence, learn new skills, and discover how much fun dancing can be!

Over the past 20 years, Funkifeet Studios has been the setting for everything from first steps and first cartwheels to students taking their first exams, adults taking their first dance lessons and even a first-time Crufts competitor and her dog working on their routine!

Many dancers have been with us from preschool age right up to becoming young adults, and many lifelong friendships have been made on our dance floor! We hold classes from Monday - Friday in our studio at Alexandria Industrial Estate.



£6 per class paid termly (12 weeks approx)



Emma Wilson funkifeetstudios@gmail.com



Emma Wilson funkifeetstudios@gmail.com





Sidmouth School of Art designs and delivers art and cultural projects working with a variety of artists, individuals, schools, and community groups to learn new skills, build creative confidence and make new art works.

We have exhibition spaces at Sidmouth Wall space an outdoor public gallery billboard at the Ham carpark, Sidmouth Micro Museums of Contemporary Art, and Antiquities – phone boxes in the Market Square, Sidmouth and Riverside Art Space at the Sensory Garden.



Our workshops and ways to get involved are different according to the project, some are age specific for primary school age, some are secondary school and older young people up to 25 years. All are inclusive and open to all.



At Sidmouth School of Art we believe everyone is creative but that sometimes if we feel we cannot draw or paint then we are not 'arty'. We aim to build creative confidence and break down those barriers to tap into your creativity. We work in an expressive, have fun, be curious and see what happens way to help unlock potential and boost wellbeing.





Free



Coco Hodgkinson info@sidmouthart.org



www.sidmouthart.org

info@sidmouthart.org



Sidmouth Town Band's Academy launched in 2022, welcoming any young player wishing to start playing or to join the Academy Band and develop ensemble skills.

We have met lots of local young people seeking to start a brass instrument or join their first band.

The band and new starters are challenged weekly, including learning about how to conduct themselves ready for performances and how ensemble rehearsals work, while learning new pieces and improving them week on week.



Financial support and equipment loan available



Fiona Harvey info@sidmouthtownband.co.uk



Josie Denning josiedenning@hotmail.co.uk



ASTRONOMY AND SCIENCE

A science and astronomy club based at the Norman Lockyer Observatory. We meet each Friday throughout term time 7-8 pm.

Activities include learning about astronomy, working around the night sky and using telescopes. See amazing space objects including galaxies, moon, and planets



£10 a year - limited spaces available



Alex Rowe <u>alex.r@normanlockyer.com</u>



Alex Rowe alex.r@normanlockyer.com







Sidmouth Plastic Warriors

We work hard to keep the beach and town clear of plastic and general rubbish, to look after our environment. We also campaign against excessive plastic and try to change behaviour in our town. Affiliated with Surfers Against Sewage. We hold regular beach cleans (First Sunday of every month) plus empower individuals, groups, and families to run their own cleans. Happy to help DofE volunteers, just get in touch.



Denise Bickley

info@sidmouthplasticwarriors.org









RIVER WATCH: where you adopt a stretch of river and record its wildlife.

RIVERFLY: where you measure the bug life in the river

WATER QUALITY MONITORING: which tests for pollution in the water.











OurRiverSid@gmail.com

Sidmouth Community Food Forest

Sidmouth Community Food Forest - providing food for people and wildlife. Come and get your hands dirty and grow with us!"











Theresa Bisson tess@sarnian.co.uk

FREQUENTLY ASKED QUESTIONS



How does Sidmouth Town Council support young people in the Sid Valley?

Sidmouth Town Council supports young people by providing youth services and funding some mental health and wellbeing support for young people and their families. The Town Council also acts as an information point for activities and events taking place in the Sid Valley, including those involving young people.

What is the Get Involved Grant?

The Get Involved Grant scheme provides funding for young people in the Sid Valley to access clubs and societies they might otherwise not be able to afford. The grant scheme will go live on 1st September 2025 for an initial period of one year.

Does my child qualify for the Get Involved Grant?

To qualify for a grant, students must be aged 11 – 18 on 1st September 2025 and resident in the Sidmouth Town Council area. There are also certain other eligibility criteria to ensure that funds go to those most in need. Your child's form tutor can provide more details, or you can go to the Town Council website for further information.

Are there any rules about what the Get Involved Grant will and won't pay for?

The grant scheme mainly finances the primary cost of taking part in activities. This might include membership fees, clothing, equipment or local travel costs. Sidmouth Town Council would not normally fund trips outside the South West, activities that take place in a school setting or where alternative sources of funding are available through another body, e.g. Sport England. Grant funding will normally be capped at £250 per person with most awards under £100.

Sidmouth Town Council retains the right to make or not to make any individual award in its absolute discretion.





How does my child access the 'Get Involved Grant?

If your child attends a local school, contact the school office who will ensure your query is handled by the correct person.

My child doesn't go to school. Can they still access the grant scheme?

Yes. Please contact Sidmouth Town Council directly for information.

I don't think I qualify for a Get Involved Grant. Are there other sources of funding available to help me get involved?

There are various organisations who provide funding to improve access to certain activities. Your chosen activity provider should know what alternatives are available.

What about Safeguarding and Health & Safety?

Parents and Guardians should always contact their chosen provider directly to satisfy themselves with regards to safeguarding and health & safety policies and practices.



