

**Support during lockdown from
Sidmouth Hospiscare, Sid Valley Help and Sidmouth Voluntary Services
5 November 2020**



Sidmouth Hospiscare Tailored care and support for people in the Sid Valley diagnosed as palliative, and their carers and families. Commissioning and funding specialist nursing and hospice beds from Hospiscare (Exeter). Volunteer support: driving (e.g. medical appointments and shopping), befriending, bereavement support. Organising and signposting to wider support as required. Contact GP or nurse for referral or contact us: **01395 577 126**
website: www.sidmouthhospiscare.org.uk.

Sid Valley Help Support for vulnerable households will continue and we will endeavour to meet new requests for shopping or telephone befriending from households that have no other support available. Please phone our helpline which will be operating as normal. For information on local health and social care services and organisations and businesses providing delivery services see our website or call our helpline: **01395 892 011**
website: www.sidvalleyhelp.org.uk



Sidmouth Voluntary Services Preparation and delivery of pre-booked lunches will continue as normal as will patient transport. The café will be closed and there will be no group activities or events. Phone: **01395 515 063** or for transport **01395 512 221** (mornings)
website: www.sidmouthvs.org.uk